

# TEN RULES FOR SHIFTING

Jim Przygocki

1. Know every interval, every finger pattern
2. Slow, smooth shifts (The speed of the shift corresponds to the speed of the bow)
3. Shift with the arm, moving whole hand (including thumb) to the new position
4. Release your finger and thumb **before** shift
5. Anticipate the motion: break the inertia of the hand at rest
6. Shift on the OLD finger
7. Take time from the OLD note
8. Shift during the OLD bow
9. Only put down fingers that you play (but prepare the new finger pattern in the new position)
10. Leave fingers down only when returned to in the same position, on the same string